

SAN CLEMENTE HIGH SCHOOL

700 Avenida Pico • San Clemente • CA 92673



TRADITION • COMMITMENT • EXCELLENCE

ONE TOWN – ONE TEAM



@ wearescritons
www.scritons.com

San Clemente High School

San Clemente, CA

Vision Statement

San Clemente High School will deliver a world-class education that encourages collaboration, communication, creativity and critical thinking. Our graduates will successfully contribute to and compete in the global community.

Mission Statement

San Clemente High School provides opportunities for all students to engage in a rigorous and relevant standards-based instructional program. Through collaborative leadership, we analyze stakeholder input and multiple sources of data to drive decision making, establish goals, and implement action plans that affect school-wide improvement. Our staff is dedicated to promoting high achievement for all students through:

- ↕ Curriculum that is rigorous, relevant and accessible.
- ↕ Instruction that employs best practices and teaching strategies to maximize student proficiency.
- ↕ Infrastructure and technology that supports 21st Century Learning.
- ↕ Assessment that motivates students with a variety of formative and summative strategies and produces data that is used to guide instruction.
- ↕ Interventions which are timely, systematic and effective.
- ↕ Co-curricular and extra-curricular opportunities coupled with community involvement that enriches the high school experience for all students.
- ↕ Continual improvement of curriculum and instruction through professional development, staff collaboration and Professional Learning Community

Dear Triton Families,

It is an honor to be the principal of San Clemente High School. Our high school has a rich history of academic, athletic and artistic success which dates back over fifty years. We are truly one of the last small town high schools left in Southern California. Many of our families, faculty, and staff are alumni, which instills a deep sense of belonging to our school. Our students and community embrace our motto, “One Town – One Team.” I look forward to working with our school community to continue our tradition of excellence.

It is essential that our community is aware of the instructional emphasis that underscores everything we do as a school. Our school-wide points of focus provide a vision as we continue our pursuit of academic, athletic and artistic excellence. Our three key areas are: academic achievement, professional development and collaboration, and community and culture.

- **Academic Achievement:** Our teachers will focus on integrating instructional strategies centered on increased student learning. Our program will provide access for all students to find success in the classroom. Lessons will integrate skills that prepare students for college and career. Our goal is to use our instructional minutes effectively so that we achieve maximum educational benefit.
- **Professional Development:** Our emphasis is shifting from teaching to learning. Everything that we do in the classroom must be geared toward student success. This shift is accomplished when teachers work collaboratively to use evidence of student learning to guide their instructional practices. Allowing our teachers time to plan, create, and reflect together will enhance our program and provide for an academic environment that is focused on continual improvement.
- **Community and Culture:** It is vital that we carry on the positive traditions which exist at this incredible school. We will continue to celebrate our activities, athletics and the arts. The connection to our school and programs is enhanced through effective school- to- home communication. Our goal is to provide parents and students with useful and timely information so that they are able to take advantage of all of the opportunities available at San Clemente High School.

With a focus on these three specific areas, we have been awarded the highest level of WASC Accreditation and look forward to honoring this achievement as we provide a successful and rewarding educational experience for ALL of our students.

Go Tritons!

Chris Carter





GRADUATION REQUIREMENTS

SAN CLEMENTE HIGH SCHOOL



English

40

4 years of English
10 credits per year



Math

30

3 years of Math to include
10 credits of Algebra I



Social Science

30

3 years of Social Science to include
10 credits of World History, US History &
American Gov't/Economics



Science

20

2 years of Science to include
10 credits Life Science &
10 credits Physical Science



World Language, Fine Art *or* CTE

10

1 year (10 credits) of the same
World Language, Fine Art, or
CTE (Career & Technical Education)



Physical Education

20

2 years of PE to include
10 credits taken in 9th grade



Health

5

1 semester (5 credits)



Electives

65

Additional 65 credits to reach
total of 220 credits
required for graduation

TOTAL CREDITS REQUIRED = 220



UC/CSU A-G REQUIREMENTS

CAPISTRANO UNIFIED SCHOOL DISTRICT

HISTORY/SOCIAL SCIENCE "A"

MINIMUM OF **2**
YEARS

Two years of history including one year of world history, cultures & historical geography and one year of U.S. history or one-half year of U.S. history and one-half year of government or civics.

ENGLISH "B"

MINIMUM OF **4**
YEARS

Four years of college preparatory English that integrates reading of classic and modern literature, frequent and regular writing, and practice listening and speaking.

MATHEMATICS "C"

MINIMUM OF **3**
YEARS

Three years of college-preparatory math, including or integrating the topics covered in elementary and advanced algebra and two- and three-dimensional geometry.

LABORATORY SCIENCE "D"

MINIMUM OF **2**
YEARS

Two years of laboratory science providing fundamental knowledge in at least two of the three disciplines of biology, chemistry and physics

LANGUAGE OTHER THAN ENGLISH "E"

MINIMUM OF **2**
YEARS

Two years of the same language other than English or equivalent to the second level of high school instruction.

VISUAL & PERFORMING ARTS "F"

MINIMUM OF **1**
YEAR

One year chosen from dance, music, theater or the visual arts. This is also often referred to as visual and performing arts or fine arts.

COLLEGE PREPARATORY ELECTIVE "G"

MINIMUM OF **1**
YEAR

One year chosen from the "a-f" courses beyond those used to satisfy the requirements above, or courses that have been approved solely in the elective area.



AN UNWAVERING COMMITMENT TO STUDENT SUCCESS

TRITON ACADEMICS

TRADITION • COMMITMENT • EXCELLENCE

ACADEMIC RECOGNITION

San Clemente High School recognizes students for academic achievement. Students with a GPA of 4.0 or better are designated as **Valedictorians** at graduation. The **Scholar of Scholars** designation is awarded to the student with the top academic GPA. Students graduate with **Academic Distinction** by earning a 3.5 cumulative academic GPA. Each spring, teachers nominate the top students in each department for **Achievement Awards**. In addition, students may earn **Academic Letters** and the designation of **Scholar Athlete**. Membership in **National Honor Society** and **California Scholastic Federation** is available for high achieving students. Based on semester GPAs, students qualify for **Principal's Honor Roll** with a 3.5-3.84 and **Superintendent's Honor Roll** with a 3.85 or above.

For more information, visit our Guidance website at www.sctritons.com/academicsandcurriculum

SPECIAL PROGRAM OFFERINGS

San Clemente offers the **International Baccalaureate (IB) Program** that is a comprehensive and rigorous two-year curriculum leading to examinations and diplomas for academically prepared, highly motivated students. Students who participate in the IB Program demonstrate a strong commitment to learning, both in terms of mastery of subject content and the development of discipline. In addition to the course curriculum, diploma candidates write an independent research paper, enroll in the IB Theory of Knowledge class, and participate in three programs that involve creativity, activity and service. **For more information, visit www.sctritons.com/ib or email Lisa Alizadeh at lsalizadeh@capousd.org**



The **College and Career Advantage (CCA)** serves the technical and career needs of students by offering course credit for classes and community based on-the-job training. Students have access to a state of the art Culinary Arts Kitchen, CISCO Lab and more. Capistrano Unified School District's partnership with CCA has allowed for San Clemente High School to offer a variety of weighted and non-weighted courses in robotics, engineering, auto, animation, multimedia design, and advanced technological courses. **For more information, visit www.sctritons.com/cca**

Two-Way Immersion (TWI) students have the opportunity to enroll in a rigorous TWI Program at San Clemente High School. Our TWI Program offers students the unique experience of learning collaboratively in classes with native Spanish and native English speakers. Students in the TWI Program develop positive cross-cultural attitudes and gain a greater appreciation for international cultures.

For more information, visit www.sctritons.com/schstwi or email Nicholas Dewald at nidewald@capousd.org

San Clemente also offers **AVID (Advancement Via Individual Determination)**, a highly successful 4 year program for under-represented students with academic potential who are college-bound. Thus far, every senior in the class of 2020 has received two or more college acceptances. The class of 2019 was offered over \$6.5 million in scholarship and financial awards. **For more information, visit www.sctritons.com/avid or email Erin Dollar at ebdollar@capousd.org**



The **Automotive Technology Partnership Academy** provides students an opportunity to develop a career pathway for education and success beyond high school. Students can apply for the award-winning Auto Academy. The San Clemente team has put their skills to the test at the Orange County Automobile Dealers Association Championships. The Tritons have brought home big honors, winning numerous scholarships for our program. **For more information, visit www.sctritons.com/auto or email Nicole Hanson at nchanson@capousd.org**

HONORS, ADVANCED PLACEMENT, & INTERNATIONAL BACCALAUREATE COURSES OFFERED

Honors World History
AP European History
AP/IB American History
AP American Government
AP Economics
AP Art History
AP Psychology
IB Spanish SL & HL
IB Theory of Knowledge
AP Physics 1

Honors Algebra II/Trig
Honors Pre-Calculus
AP Statistics
AP/IB Calculus AB
AP/IB Calculus BC
IB Global Politics
AP Computer Science Principles
IB French SL & HL
AP Spanish Language
AP Physics C

Honors English I
Honors English II
AP Literature/Comp
IB Literature/Comp
AP/IB English Lang/Comp
IB Film Studies
IB Music SL & HL
IB Dance SL & HL
AP Studio Art (2D)
AP Biology

Honors Biology
Honors Chemistry
AP Computer Science A
Honors Anatomy/Physiology
AP Chemistry
IB Biology
IB Physics HL
AP/IB Environ. Science
IB Marine Science
Various CCA courses

TESTING INFORMATION

SAT Reasoning Test

Class of 2020	SCHS w/o Essay	SCHS w/Essay	College & Career Readiness Benchmark
ERW	575	586	480
Mathematics	576	590	530

American College Test (ACT)

Class of 2020	SCHS	California Mean Composite
Composite Score	25.5	22.6

Advanced Placement Exams - 1,585 tests administered in 2019

Exam	# Tested	Exam	# Tested
Art History	44	English Lang/Comp	236
Biology	95	English Lit/Comp	50
Calculus AB	93	Environ. Science	87
Calculus BC	75	European History	130
Chemistry	17	Psychology	53
Comp. Sci. A	29	Spanish Language	77
Comp. Sci. Princ.	24	Statistics	38
Economics, Macro	114	U.S. Gov. & Politics	120
Economics, Micro	1	U.S. History	262

- 72% of 11th/12th grade students take 1 or more AP courses
- 79% scored “3” or better
- 10 National AP Scholars
- 116 AP Scholars w/Distinction
- 83 AP Scholars w/Honors
- 113 AP Scholar Awards



WHERE ARE TRITONS NOW?

Air Force Academy	Johnson and Wales	U. of Alabama
Arizona State U.	Kansas University	U. of Arizona
Azusa Pacific U.	Kenyon College	U. of Auckland
Baylor University	Laguna Beach Col of Arts	U. of Bologna
Biola University	Liberty University	U. of British Columbia
Boise State U.	Loyola Marymount U.	UC Berkeley
Boston University	Manila Central U.	UC Davis
Brown University	Michigan State U.	UC Irvine
Brigham Young U.	Montana State	UC Los Angeles
Cal Poly Pomona	New York University	UC Riverside
Cal Poly SLO	Northeastern University	UC San Diego
California Baptist	Oregon State University	UC Santa Barbara
California Lutheran	Parsons College	UC Santa Cruz
CA Maritime Acad.	Pepperdine University	U. of Colorado, Boulder
CSU Chico	Point Loma Nazarene U.	U. of Colorado, Denver
CSU Fullerton	Princeton University	U. of Denver
CSU Channel Islands	Purdue University	U. of Iowa
CSU San Marcos	San Diego State U.	U. of Maryland
Chapman University	San Francisco State U.	U. of Nevada
Claremont McKenna	San Jose State U.	U. of New South Wales
Colorado State U.	Santa Clara University	U. of North Florida
Columbia University	Seattle Pacific University	U. of Oregon
Concordia University	Seattle University	U. of San Diego
DePaul University	Sonoma State U.	U. of San Francisco
FIDM	Southern Methodist U.	USC
Fordham University	Southern Virginia U.	U. of Utah
Georgia Tech	Stanford University	U. of Washington
Gonzaga University	Texas A&M	Utah Valley University
Grand Canyon U.	Texas Christian U.	Vanguard University
Harvard University	The College of St. Rose	Villanova University
Indiana University	The Master's University	Washington State
Iowa State University	US Naval Academy	Yale University

National Merit: Class of 2019

Winners	1
Finalists	2
Letters of Commendation	8

International Baccalaureate: Class of 2019

Diplomas Issued	17 (100% success rate)
Exams Taken	224 total (by 112 students) 213 scored “4” or higher

- Average points earned by Diploma candidates: 31
- Average grade obtained at the school by Diploma candidates: 5.05





SAN CLEMENTE HIGH SCHOOL CO-CURRICULAR PROGRAM CONTACTS 2020-2021



<u>PROGRAM</u>	<u>CONTACT NAME</u>	<u>EMAIL</u>
Band/Instrumental	Tony Soto	aesoto@capousd.org
Cheer	Amber Smith-Stanco	aastanco@capousd.org
Choir/Vocal	CJ Daniel	cjdaniel@capousd.org
Cross Country-Boys	Dan Johnson	drjohnson@capousd.org
Cross Country-Girls	Dave Proodian	dgproodian@capousd.org
Football	Jaime Ortiz	jortiz@capousd.org
Dance	Laura Flynn	sanclementehsdanceteam@gmail.com
Drama	Kirsti McCleary	kkmcclary@capousd.org
Golf-Girls	Marc Parker	maparker@capousd.org
Tennis-Girls	John Stephens	jwstephens@capousd.org
Volleyball-Girls	Casey Swenson	cswenson@capousd.org
Water Polo-Boys	Logan Powell	clpowell14@gmail.com
Surfing	John Dowell	jwdowell@capousd.org
Basketball-Boys	Mark Popovich	mjpopovich@capousd.org
Basketball-Girls	Kerri Husbands	kerrihusbands@yahoo.com
Soccer-Boys	Mike Pronier	mppronier@capousd.org
Soccer-Girls	Marco Spaccini	marcoschssoccer@gmail.com
Water Polo-Girls	Logan Powell	clpowell14@gmail.com
Wrestling-Boys	Mark Calentino	mjcalentino@capousd.org
Wrestling-Girls	John Owens	coachjohnowens@cox.net
Baseball	Dave Gellatly	dagellatly@capousd.org
Golf-Boys	Marc Parker	maparker@capousd.org
Boys' Lacrosse	Brendan Finnerty	brendan.finnerty17@gmail.com
Girls' Lacrosse	Josh Cain	jpcain@capousd.org
Softball	Bill Malcolm	wmalcolm@cox.net
Swimming-Boys	Thomas Dollar	twdollar@capousd.org
Swimming-Girls	Andrew Salway	atsalway@capousd.org
Tennis-Boys	John Stephens	jwstephens@capousd.org
Track & Field-Boys	Dan Johnson	drjohnson@capousd.org
Track & Field-Girls	Dave Proodian	dhproodian@capousd.org
Volleyball-Boys	Ken Goldstone	austone10@gmail.com

STAFF

Athletic Director	Jon Hamro	jhamro@capousd.org
Activities Director	Matt Reid	mfreid@capousd.org
Activities Clerk	Amber Smith-Stanco	aastanco@capousd.org



Please check our website www.sctritons.com for more information and updates



SAN CLEMENTE HIGH SCHOOL ATHLETIC PROGRAM INFORMATION 2020-21



FALL					
Fall Sport	Head Coach	Practice Begins	Season Ends	Summer Practice	Tryout Dates
Cross Country (Boys)	Dan Johnson	28-July	6-November	Yes	July 23 rd & August 6 th (VHSP @ 8am)
Cross Country (Girls)	Dave Proodian	28-July	6-November	Yes	Late June & Mid-July (Dates TBD)
Golf (Girls)	Marc Parker	3-August	23-October	No	Aug.10-13 th (Varsity@ Bella& F/S&JV@ SC Muni)
Football (Var/JV)	Jaime Ortiz	3-August	30-October	Yes	May 4 th – May 28 th
Football (Frosh)	Brandon Camarillo	3-August	30-October	Yes	NONE
Surfing (Co-ed)	John Dowell	Fall 2020/Winter 2021		No	2nd week of School (by heat assignment)
Tennis (Girls)	John Stephens	3-August	30-October	Yes	July 29 th - July 31 st
Volleyball (Girls)	Casey Swenson	27-July	15-October	Yes	TBA
Water Polo (Boys)	Logan Powell	3-August	29-October	Yes	July 13 th & July 14 th

WINTER					
Winter Sport	Head Coach	Practice Begins	Season Ends	Summer Practice	Tryout Dates
Basketball (Boys)	Marc Popovich	2-November	5-February	Yes	Early September
Basketball (Girls)	Kerri Husbands	2-November	5-February	Yes	September
Soccer (Boys)	Mike Pronier	2-November	4-February	Yes	September
Soccer (Girls)	Marco Spaccini	2-November	4-February	Yes	September
Water Polo (Girls)	Logan Powell	2-November	4-February	Yes	Late August
Wrestling (Boys)	Mark Calentino	2-November	26-January	Yes	None
Wrestling (Girls)	John Owens	2-November	26-January	Yes	None

SPRING					
Spring Sport	Head Coach	Practice Begins	Season Ends	Summer Practice	Tryout Dates
Baseball	Dave Gellatly	1-February	30-April	Yes	September thru October
Golf (Boys)	Marc Parker	8-February	7-May	No	October thru November
Lacrosse (Boys)	Brendan Finnerty	1-February	29-April	Yes	November
Lacrosse (Girls)	Josh Cain	1-February	29-April	Yes	November
Softball	Bill Malcolm	1-February	29-April	No	November
Swimming (Boys)	Thomas Dollar	8-February	30-April	No	November
Swimming (Girls)	Andrew Salway	8-February	30-April	No	November
Tennis (Boys)	John Stephens	1-February	30-April	Yes	November
Track & Field (Boys)	Dan Johnson	8-February	30-April	No	November
Track & Field (Girls)	Dave Proodian	8-February	30-April	No	November
Volleyball (Boys)	Ken Goldstone	8-February	28-April	Yes	November

ACADEMIC ELIGIBILITY: San Clemente High School follows two grading policies for athletic eligibility

1. The Capistrano Unified School District's policy states that the student-athlete must have a minimum of a **2.0 grade point average** at the end of **each** semester.
2. The California Interscholastic Federation states that the student-athlete **must pass at least four classes** at the end of **each** grading period.

ATHLETIC CLEARANCE: Student Athletes MUST complete the following prior to tryouts for all Sports (Athletic Clearance Packet)

1. **Insurance:** All student-athletes must show proof of insurance coverage to be eligible to compete.
2. **Physical Examination:** All student-athletes are required to get a physical examination; results are accepted for a period of one year.
3. **Code of Honor:** All student-athletes (and parent) are required to sign a District "Athletic Code of Honor" form for standards of behavior.
4. **Informed Consent:** All student-athletes (and parent) are required to sign an SCHS "Informed Consent" form for awareness of sports injury risk.

Please check our athletic website www.sanclementeathletics.com for more information and updates

TTRITON ATHLETICS

TRADITION • COMMITMENT • EXCELLENCE

- Over 1,400 students participate on 70 different athletic teams in 27 sports. San Clemente Triton athletic teams are top contenders in the competitive Coast View Athletic Association of the California Interscholastic Federation (CIF).
- San Clemente is consistently ranked among the top overall athletic programs in Orange County and the CIF-SS.
- Over the past three years, Triton athletic teams have achieved 41 league championships at the varsity level. Over the past ten years, Triton athletic teams have achieved 119 league championships at the varsity level.
- This past school year (2018-19), Triton athletic teams have achieved another 15 league championships at the varsity level: Boys Cross Country, Girls Cross Country, Football, Girls Tennis (5th consecutive), Girls Volleyball, Boys Water Polo (2nd consecutive), Boys Soccer (3rd in past 4 years), Boys Surfing (24 in past 25 years), Girls Water Polo (3rd consecutive), Boys Wrestling, Girls Wrestling, Boys Lacrosse (3rd consecutive) Softball, Boys Tennis (9th consecutive), and Boys Volleyball. Boys soccer were CIF-SS Division I Champions and State Division I Regional Champions (Finished #1 in CA / #2 in the USA); Girls Water Polo were the CIF-SS Division II Runner-Up; Boys and Girls Surfing were not only the NSAA State Champions (10th time in 11 years) but also won the National Championship this past June.
- So far this year (Fall 2019-20), of the 9 sports offered, Triton athletic teams achieved another 8 league championships at the varsity level: Boys Cross Country (2nd consecutive), Girls Cross Country (2nd consecutive), Girls Golf, Girls Tennis (6th consecutive), Girl Volleyball (2nd consecutive), Boys Water Polo (3rd consecutive/CIF DII Runner-Up/State DI Playoffs), Boys Surfing (24th consecutive) and Girls Surfing.
- During the 2018-19 school year, 21 of our student-athletes signed National Letters of Intent to continue their athletic endeavors at the four-year collegiate level including many of the most prestigious NCAA Athletic Programs in the nation. 121 former Triton student-athletes are currently participating in athletics at the four-year collegiate level for the 2019-20 school year.
- Since 2000, the Tritons have won twenty-three (23) CIF Championships (5 in Girls Basketball, 5 in Girls Soccer, 3 in Boys Wrestling, 3 in Girls Golf, 3 in Boys Soccer, and 1 each in Girls Volleyball, Girls Cross Country, Girls Water Polo and Football), five (5) State Championships (2 in Boys Soccer, 1 in Girls Soccer, 1 in Girls Cross Country, 1 in Football) and eight (8) National Championships (in Boys and Girls Surfing).
- Since 2015, some notable individual accomplishments of Triton athletes include Rachel Tilly who won the World Longboarding Championship and has been the #1 ranked women's longboarder in the World; Sam Darnold who was the Orange County Athlete-of-the-Year, Rose Bowl MVP while at USC, a 1st round draft pick for the New York Jets and this past season was the youngest starting QB in the history of the NFL; Kolby Allard was a 1st round draft pick for the Atlanta Braves and now is a starting pitcher for the Texas Rangers MLB team; and, his battery mate Lucas Herbert was a 2nd round draft pick for the Atlanta Braves in the same draft class – simply amazing.
- This past school year (2018-19), of the 23 CIF sanctioned sports, 22 of our varsity teams received CIF Academic Distinction for having a team-wide cumulative (unweighted) GPA of 3.0 or higher. Two (2) of our varsity teams won the prestigious CIF-SS Academic Team Championship, Girls Wrestling and Girls Track & Field. This was out of nearly 300 large schools (enrollment over 1500). All 22 varsity teams finished in the top 32; and eight (8) of our varsity teams finished in the top ten including Baseball (10th), Girls Golf (10th), Boys Track & Field (10th), Girls Volleyball (10th), Boys Swimming (8th), Boys Volleyball (6th), Girls Track & Field (1st) and Girls Wrestling (1st).



TTRITON VISUAL & PERFORMING ARTS

TRADITION • COMMITMENT • EXCELLENCE

VOCAL MUSIC www.tritonvocalmusic.com

- 5 Ensembles on campus for all skill levels: grow your vocal skills, learn to read music, perform a variety of music from classical to folk to pop, and get the opportunity to sing with a live orchestra!
- Performed in Disneyland Candlelight with Lin Manuel Miranda in December 2019
- 3 students accepted to regional honor choir in 2019 and two accepted to All State in 2020
- Local spring festival opportunities for all choirs. All ensembles have received top rankings
- Annual invitations to perform at prestigious local university festivals including Chapman University and Cal State Fullerton
- Top awards at national festivals in Washington D.C., Boston, San Francisco, New York in the last few years
- Advanced choirs will tour Nashville in Spring 2020 to give the world premiere of a brand new piece of music
- Annual opportunity to perform in the world famous Segerstrom Concert Hall in Costa Mesa



INSTRUMENTAL MUSIC www.tritonmusic.org

- Unanimous Superiors to Orchestra ensembles at District music festivals
- Chamber Orchestra received Unanimous Superior rating for 16 out of the last 17 years
- Jazz Band performs for many functions throughout the community, including over 20 years at the Pier
- Symphony Orchestra was accepted to perform at Carnegie Hall in New York City in 2018
- The music program consistently is accepted to perform at Disneyland
- Color Guard was awarded the Bronze Medal at State Finals
- The Triton Marching Band passed semifinals with top scores and placed 7th and 8th at State Championships the last 2 years
- The music program has had the opportunity to work with well-known musicians such as: Grammy Award Winning Musician, Poncho Sanchez, Francisco Torres, Trumpeter Paul Seaforth, Bassist Dr. Hare, U.S. Marine Corp Conductors and musicians and many more



DRAMA www.schsdrama.com

SCHS Drama offers a variety of opportunities in both stage production and theater performance. The Tritons have earned over 51 nominations and awards this past season for their outstanding performances and theatrical technical work. Our award-winning program has been consistently recognized by the OC Register Varsity Arts, JRAYs, CAPPIES, MACYS and NYA awards organizations each season. With two mainstage musicals, a black box play, a holiday musical revue, and two coffee houses, there is a place for everyone to be a part of SCHS Drama. Opportunities for Drama Club, Comedy Sportz, International Thespian Society, Cappies, and other theatrical skill classes are available to give all Tritons a chance to get involved!



SCHS DANCE TEAM www.schsdanceteam.com

- 20-time USA National Champions (2019 USA National Champions in Large Jazz and Medium Dance, 2019 Finalists: Large Jazz, Novelty, Medium Dance, Small Lyrical)
- 2019 CADTD State Champs in Large Lyrical, Large Jazz, Intermediate Dance, Novelty
- OC Sheriff's Department/ ADEPT involvement recognition
- Participation in Community Events including: Red Ribbon Week, Relay for Life, Elementary Children's Dance Clinics, Hunger Walk & FAM Support, SCHS Showcase Performances, Pep Rallies, Concerts, HALO Healing Autism through Learning and Opportunities
- Team Average Academic GPA 3.50



MEDIA DESIGN & PUBLISHING

The SCHS newspaper, *Triton Times*, publishes an online newspaper, www.tritontimes.com, combining their skills in videography, photography, and journalism. The Triton Times staff has been rewarded Honorable Mention for Best Online Newspaper in 2017, 2018, and 2019 by the International Honorary Society for High School Journalism.

The award-winning *Thalassa Yearbook* at San Clemente has new up-to-date technology to give students hands on experience with advanced software to create state of the art products. The Yearbook staff is First Class with three marks of distinction from the National Scholastic Press Association, First Place with Special Merit from the American Scholastic Press Association and Silver Crown from the Columbia Scholastic Press Association. Photography student, Roland Manteque had his photo chosen to be a part of the Drexel University HS Photography Exhibit. Check out more about the Yearbook and visual arts at: www.sctritons.com/visualarts

VISUAL ARTS



The PTSA Reflections Program encourages students to create an original work and enter it in one of six categories: Dance Choreography, Film Production, Literature, Music Composition, Photography, or Visual Arts. Tritons have had more entries recognized at the district level than any other high school in CUSD. Ashley Lord (Photography) and Aaron Velez (Literature) won First Place Awards of Excellence. Also, Joshua Carlin (Musical Composition) and Tristen Wallace (Visual Arts) received Awards of Merit at the district level.

Student Life

New Inclusive Triton Sparkle cheer team brings pep to SCHS

By Kate Hodger | Staff Writer

San Clemente High School has a new cheer team which includes athletes with and without disabilities. This cheerleading team is a part of the Triton Sparkle Effort Organization. The mission of Sparkle Effort is to create cheer teams that bring together students with and without disabilities in equal measure.

"No student is better, worse, or more or less important than the other," Katarpal leads the team along with cheer co-captain Hannah Koenig who added, "There are no special exceptions for a particular student. We all have to abide by the same rules just like any other team at the school."

The great thing about the Triton Sparkle team is that it provides a spot for students who would otherwise not get the chance to participate. More

than five million students with disabilities attend public school in the United States. With that being said, most school sports and activities don't accommodate these students. As a result, these students are often excluded from school activities.

These students are often excluded from school activities. However, it has been shown that young people with inclusive cheer teams, activities, and social groups are more likely to develop an early appreciation of disability and respect for their fellow students. With more organizations like this, students will no longer look at disabilities as exceptions from the norm but as a natural and celebrated part of life.

The Triton Sparkle cheer team for JV football alongside the JV cheer-

leaders. "It was amazing to see how much of a positive impact the sparkle team had on the crowd," co-captain Koenig said. "We brought a smile to everyone's face!"



Triton Sparkle cheerleaders cheering at the JV football game on September 15, 2019 (left) and at the JV football game on September 22, 2019 (right) (left photo by Katarpal, right photo by Katarpal)

Student Life



SDO students high jumper Michael Adams (photo by Thomas Powell)

the year thousands of students with special needs were invited to play games, eat lunch, dance their hearts out and enjoy themselves at the Special Olympics and most importantly compete in a friendly football tournament.

"The Special Olympics is a great opportunity for kids with intellectual or developmental disabilities to have some fun and participate in high-level competition," said Scott Bledsoe, president of the SDO. "The tournament and support seen from both the SDO students and SCHS students was incredible and so heartwarming."

"It was fun to bond to," said James Gutierrez said. "This year it was more competitive!"

However, the Special Olympics are not only a special event for the local community. Volunteers from ASB, NISD, CUSD, and the local community are so important to make this an event as they provide life-long memories and great high school experiences.

The tournament and assistance in a sense

Special Olympics 2019

By Lang Chiu | General Editor

TRITON COMMUNITY

TRADITION • COMMITMENT • EXCELLENCE

PTSA www.schsptsa.my-pts.org

The **PTSA**, a nonprofit organization, unites families and the school to give grants to the teachers for their classroom needs, fund library equipment and library resources, provide School Loop & Voluntary Drug Screenings through donations, help organize Red Ribbon and Blue Ribbon Weeks, raise senior award scholarship and plan functions and luncheons for teachers & staff.

SAN CLEMENTE EDUCATIONAL FOUNDATION www.schsef.org

The **San Clemente Educational Foundation**, a nonprofit corporation, raises funds to support and enhance academic programs at San Clemente High School, and holds parent information nights throughout the school year regarding college planning and other topics. SCEF has donated \$190,000 over the last two years to purchase 600 Chromebooks!



TRITON BOOSTER CLUB

The **Triton Booster Club**, a nonprofit organization, supports SCHS co-curricular activities.

COUNSELING SERVICES SCHS Counselor's corner: www.sctritons.com/meetyourcounselors

The **Counseling Program** strives to provide opportunities so that every student will acquire the social-emotional, academic, and career skills to reach their fullest educational potential and successfully manage their lives as healthy, responsible, competent, and productive citizens who respect themselves and others. SCHS counselors offer a wide range of services and are available for all students to visit. Student and families at SCHS also have access to the **Wellness & Prevention Center** (www.wpc-oc.org). The center provides a safe place for students to discuss stressors and conflict while working on positive solutions. Universal programming and individual services are designed to encourage healthy coping mechanisms for the overwhelming demands on our local youth while promoting evidence based prevention models.

LINK CREW www.sctritons.com/linkcrew

The Link Crew program provides a structure that guides freshmen toward both academic and social success. Link Crew helps create a safe and supportive school environment where freshmen learn that people at school care about them and their future. With Link Crew, students help students succeed by using members of the junior and senior class as Link Crew leaders. These leaders are extensively trained to be positive role models, motivators and teachers who guide the freshmen through events, homeroom, and more to discover what it takes to be successful at SCHS. **For more information, you can contact Kristen Dimperio, at ktdimperio@capousd.org**

TRITON TALK



“San Clemente High School is an incredibly diverse and welcoming campus full of amazing opportunities. From AP/IB courses like AP Calculus BC and IB Global Politics, to CCA courses like Robotics and Introduction to Law Enforcement, San Clemente opens up different ways for students to challenge themselves and build the foundation for the future they envision. And with our award-winning music and athletic programs, not to mention over seventy clubs on campus, you are bound to find your crowd--in fact, probably several crowds--and fit right in, just like I did.”

➤ **Genavieve Koenigshofer, Class of 2020, CUSD Student Advisor appointed by the Board of Trustees**



“The universe is quite immense. Out of all the places, in the world, San Clemente is where I belong. It has given me the opportunity to express my creativity and passion through top academics, extra-curricular activities, and sports.”

➤ **Koosha Jadbabaei, Class of 2019, currently attending UC San Diego, Triton of the Year 2019**



“San Clemente is a place where those like myself who pursue academic and extracurricular excellence are encouraged and thrive. Be it the IB Program, the ten instrumental music ensembles, or the dozens of clubs on campus, San Clemente gave my classmates and me every opportunity to pursue not only an education but passions as well.”








➤ **Marley Macarewich, Class of 2018 Scholar of Scholars, Full IB Diploma, currently attending Yale University**



“When I became a teacher, I only wanted to teach at my home, San Clemente High School.”

➤ **Mrs. Laura Compean, Class of 1998, SCHS Mathematics Teacher & Department Chair**

T **TRITON ADMINISTRATION**

Administrator	Title	Email
 <p>Chris Carter</p>	Principal	ccarter@capousd.org
 <p>Dr. Cat Nolan</p>	Assistant Principal of Guidance	canolan@capousd.org
 <p>Cameron Lovett</p>	Assistant Principal 9 th -12 th (A-Gn)	cnlovett@capousd.org
 <p>Ashley Ortiz</p>	Assistant Principal 9 th -12 th (Go-O)	aeortiz@capousd.org
 <p>Deon Ford</p>	Assistant Principal 9 th -12 th (P-Z)	drford@capousd.org
 <p>Matt Reid</p>	Activities Director	mfreid@capousd.org
 <p>Jon Hamro</p>	Athletic Director	jhamro@capousd.org



SAN CLEMENTE HIGH SCHOOL
HONORING OUR PAST, BUILDING OUR FUTURE



Student Learning Outcomes

Successful Academic Achievers who:

- Meet or exceed state literacy and content standards
- Demonstrate integrity and accountability
- Use technology to enhance learning and validate sources and data
- Embrace challenge through engagement in rigorous curriculum and lifelong learning

Competent Problem Solvers who:

- Respond to challenges and change with creativity and grit
- Employ various strategies and resources to identify and create solutions
- Foster curiosity by developing skills for investigation and research

Highly Effective Communicators who:

- Express ideas and opinions constructively and respectfully
- Read critically, write clearly, and speak purposefully
- Work collaboratively and consider a variety of perspectives

Socially Responsible Citizens who:

- Strive for social, emotional, and physical well-being
- Take responsibility for personal choices
- Exhibit democratic values through leadership and service to our community
- Promote diversity and inclusion through acceptance, respect, and appreciation of others

TRADITION – COMMITMENT – EXCELLENCE



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